



U10- PLAYER

INFORMATION

Seacoast United Field Hockey is very excited for the 2018/2019 Winter Club Season to begin in November. Every year our full time and part time staff work tirelessly to deliver top notch instruction, and a developmental environment that match the needs of each individual player. We continuously look to make improvements to all aspects of our club and this year under the guidance of Sarah Michaud, Director of Field Hockey, Eli Skovron, Assistant Director, and Melissa Grant, Director of Goalkeeping, our entire staff has a clear and concise vision for the future. We are committed to making a difference in the field hockey community, and providing equal and quality opportunities to all. We appreciate your interest in our club program and we are looking forward to implementing some exciting changes this year!

Structure of Program:

- **Individual Skill Development & Training: 7 Weeks (1 Practice Per Week)**
 - Training- Monday November 5th, 2018 – Monday December 17th, 2018
 - Hampton Indoor Arena- 4:00-5:30pm
- **Team Based Training & Tournament Play: 13 weeks (1 Practice Per Week)**
 - Training- Sunday January 6th, 2019- Sunday March 31st, 2019
 - Hampton Indoor Arena- Between 7:00-11:00am
 - Tournaments- Each team will attend at least 3 New England Region Tournaments
 - 1- Saturday January 26th, 2019- Jump Start Tournament (TBD)
 - 2- Saturday March 2nd, 2019- SUFH Indoor Tournament (Hampton, NH)
 - 3- TBD
- A second tryout will take place on Sunday September 9th, 2018 at our Seacoast United- Hampton Indoor Arena. Players **MUST** attend at least one of the two tryout dates, and are encouraged to attend both.
- Players will be required to submit all registration materials, and make the first tuition payment to the Field Hockey Club by **October 3rd, 2018**. Specific instructions about registration will be sent via e-mail from the Club by no later than **Wednesday September 12th, 2018**.

Best,
Sarah Michaud, Director of Field Hockey
Eli Skovron, Assistant Director of Field Hockey
Melissa Grant, Director of Goalkeeping

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Program

Indoor Training

Master Teaching
In-house scrimmaging
20 practices minimum

Tournaments

- 1- Jump Start Tournament- January 26th, 2019
- 2- SUFH Club Tournament- March 2nd, 2019
- 3- Phanzone Tournament- March 2019

Office and Staff

Coach stipend
All printing/mail/phone/stationary
FH equipment/med supplies
Coaching coordinator stipend

Total Cost:

\$925

Payment Schedule

\$500 non-refundable deposit 10/3/18
\$225 payment due 12/7/18
\$200 payment due 2/1/19

Gear

Training socks (Carolina blue)
Training shorts (Navy)
Training pinnie (Carolina blue & white)
Game socks (White & Navy)
Game jersey's (White & Navy)
Embroidery/ Screening

Total Estimated Cost:

\$175

- **NEW**- All orders will be placed online this year through WEGOTSOCCKER.
- Returning players are NOT required to purchase new gear.
- **NEW**- Nike Hoodie & sweatpants will be available for purchase