



U14 TRYOUT INFORMATION

Seacoast United Field Hockey is very excited for the 2018/2019 Winter Club Season to begin in November. Every year our full time and part time staff work tirelessly to deliver top notch instruction, and a developmental environment that match the needs of each individual player. We continuously look to make improvements to all aspects of our club and this year under the guidance of Caitlyn Mitchell, Program Director, and Sarah Michaud, Director of Field Hockey Operations, our entire staff has a clear and concise vision for the future. We are committed to making a difference in the field hockey community, and providing equal and quality opportunities to all. We appreciate your interest in our club program and we are looking forward to implementing some exciting changes this year!

Post Tryout Procedures:

- After the conclusion of both tryouts, each individual player will receive an e-mail. All e-mails will be sent out on or before **Wednesday October 10th, 2018**.
- Before e-mails are sent out, some players may receive a phone call from a coach to check on individual's commitment to the Club.
- A second tryout will take place on Sunday, October 7th, 2018 at our Seacoast United- Concord Arena. Players **MUST** attend at least one of the two tryout dates, and are encouraged to attend both.
- Players will be required to submit all registration materials, and make the first tuition payment to the Club by **Wednesday October 24th, 2018**. Specific instructions about registration will be included in an e-mail sent from the Club by Wednesday **October 10th, 2018**.

Best,

Caitlyn Mitchell, Program Director

Sarah Michaud, Director of Field Hockey

U14 Select Players

Individual Skill Development & Pool Training (7 weeks- 1x per week)

- Training begins Sunday November 4th, 2018- Sunday December 16th, 2018
- Sunday trainings will be at our Concord Indoor Arena (Between 7:00am-2:30pm)
- Focus: Skill development and fundamentals of individual play.
- During this 7-week pool training, roster & team evaluations take place.

Team Based Training & Tournament Play (13 weeks- 1x per week):

- Sunday January 6th – March 31st, 2019
- Sunday's at Seacoast United Concord Indoor Arena, Concord NH
- Focus: Team development & tournament play

U14 Elite & Premier Players

Individual Skill Development & Pool Training (7 weeks- 2x per week)

- Training begins Sunday November 4th, 2018- Sunday December 16th, 2018
- Sundays in November & December will be at the Concord Indoor Arena (Between 7:00am-2:30pm)
- Wednesdays in November & December will be at the Concord Indoor Arena, Concord, NH (Between 4:00-7:00pm)
- Focus: Skill development and fundamentals of individual play.
- During this 7-week pool training, roster & team evaluations take place.

Team Based Training & Tournament Play (13 weeks- 2x per week):

- Sunday January 6th – March 31st, 2019
- Sunday's at Concord Indoor Arena, Concord, NH (Between 7-2:30pm)
- Wednesdays at the Concord Indoor Arena, Concord, NH- (Between 4:00-7:00pm)
- Elite training times are TBD, and some practices will be at Govs Academy
- Focus: Team development & tournament play

U14- PLAYER INFORMATION

U14 Select Program

Indoor Training

Master teaching
In-house scrimmaging
*Training Sessions: Concord
(16 training sessions minimum)

Tournaments (3 total)

- 1- Jump Start Tournament- January 26th, 2019
- 2- SUFH Club Tournament- March 2nd, 2019
- 3- New England Region Tournament

Office and Staff

Coach stipend
All printing/mail/phone/stationary
FH equipment/med supplies
Coaching coordinator stipend

USA Field Hockey membership is required
Rosters will include a maximum of 11 players total

Total Cost

\$790

Payment Schedule

\$500 non-refundable deposit 10/3/18
\$190 payment due 12/7/18
\$100 payment due 2/1/19

U14 Elite & Premier Program

Indoor Training

Master teaching
In-house scrimmaging
*Training Sessions: Concord
(35 training sessions minimum)

Tournaments (3 total)

- 1- SUFH Club Tournament- March 2nd, 2019
- 2- New England Regional Tournament
- 3- New England Regional Tournament

Office and Staff

Coach stipend
All printing/mail/phone/stationary
FH equipment/med supplies
Coaching coordinator stipend

USA Field Hockey membership is required
Rosters will include a maximum of 11 players total

Total Cost

\$850

Payment Schedule

\$500 non-refundable deposit 10/3/18
\$200 payment due 12/7/18
\$150 payment due 2/1/19

Gear

Training socks (Carolina blue)
Training shorts (Navy)
Training pinnie (Carolina blue & white)
Game socks (White & Navy)
Game Jersey's (White & Navy)
Game Skirt (Navy)
Embroidery/ Screening

Total Cost

\$225

- **NEW-** All orders will be placed online this year through WEGOTSOCCKER.
- Returning players are NOT required to purchase new gear
- **NEW-** Nike Hoodie & Sweatpants will be available for purchase.